

Every now and then I cower and I need to find empowerment
Empowerment is paramount to how I can begin to mount
A plan that I can implement to make a dent on ignorance
Instead of drunk belligerence and the dissidence of miscreants
Especially in this instance, never ending persistence
To use the words in each sentence as if they were blunt instruments
To beat a hole in the defence of this beauty and her innocence
Which serves to just build resistance in spite of all my good intents

The beat that my heart skipped
This is the beat that my heart skipped
This is the beat that my heart skipped

This is the beat that my heart skipped when we first met
Now that I've heard it, it leaves me with a kind of regret
No disrespect, but we left a lot of people upset
And what we had wasn't really what we'd come to expect

The beat that my heart skipped when we first met
Now that I've heard it, it leaves me with a kind of regret
No disrespect, but we left a lot of people upset
And what we had wasn't really what we'd come to expect